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for the teaching  
of English

# Bawdsey Manor

## Suffolk, England



## Our centres in the UK

1 Dalguise, Perthshire

2 Newby Wiske Hall, Yorkshire

3 Winmarleigh Hall, Lancashire

4 Caythorpe Court, Lincolnshire

5 Boreatton Park, Shropshire

6 Bawdsey Manor, Suffolk

7 Liddington, Wiltshire

8 Barton Hall, Devon

9 Osmington Bay, Dorset

10 Little Canada, Isle of Wight

11 Marchants Hill, Surrey

12 Windmill Hill, East Sussex



## Our centres in France

13 Château du Tertre, Normandy

14 Château de Grande Romaine, Paris





# Bawdsey Manor Suffolk, England

## Highlights

- Within easy reach of London and Cambridge
- Beautiful Grade II listed coastal manor house
- 144 acres of stunning grounds to explore
- Situated in an area of outstanding natural beauty with views across the North Sea



## Location

PGL Bawdsey Manor,  
Bawdsey, Woodbridge,  
Suffolk IP12 3AZ

## Airport Transfer Times

- ✈ Stansted – 1hr 45mins
- ✈ Luton – 2hrs 30mins
- ✈ Gatwick – 2hrs 30mins
- ✈ Heathrow – 2hrs 45mins

## Eurostar Terminal

🚆 London

## Ferry Terminal

- ⚓ Dover
- ⚓ Portsmouth
- ⚓ Harwich

## Capacity

470

## Age Range

7-17

## Dates

English Language Programme

PGL operates throughout the year for closed groups.

For arrivals between 30 June and the 28 August 2018 the standard summer programme will be available.





## Accommodation

Purpose-built modern accommodation blocks.

**Students** En suite rooms sleep 2-6

**Party Leaders** En suite twin rooms

## Facilities

- Classrooms ■ Leaders' lounges ■ Student lounges ■ Gym
- Playing fields ■ Beach ■ Shop



## Evening Entertainment Programme

- Ambush ■ Campfire ■ Capture the Flag ■ Cluedo ■ Disco
- Passport to the World ■ PGL Sports Night ■ Photo Challenge
- Quiz Show ■ Robot Wars ■ Snapshot ■ Splash ■ Wacky Races

## Excursion Options

London  
Cambridge  
Ipswich  
Colchester

## Activities

**Aeroball** **Archery** **Beach/Coastal Walk** **Buggy Build** **Fencing**  
**Orienteering** **Problem Solving** **Quad Biking** **Rifle** **Shooting**  
**Sensory Trail** **Slacklining** **Sports and Team Games** **Survivor**





## Sample Menu

### Breakfast

- Choice of breakfast cereals
- Assorted yoghurts
- White & brown toast with preserves
- Fresh fruit
- Porridge oats with cinnamon & brown sugar
- Grilled sausages
- Scrambled eggs
- Baked beans
- Vegetable sausages (V)

### Lunch

- Tomato soup served with a choice of breads
- Baguettes & wraps with various fillings e.g. chicken strips
- Tuna & sweetcorn
- Roasted vegetables & cheese (V)
- Tortilla chips
- Salad bar

### Dinner

- Chef's special soup
- Beef lasagne
- Fish fingers
- Vegetable stir fry with noodles (V)
- Fresh carrots
- Sautéed green beans
- Chips
- Salad bar
- Ice cream

## Important Information

### Lost Property

All personal items should be clearly named. We strongly recommend that all valuables are left at home.

### Laundry

A weekly laundry service for clothes is available. Bed linen is provided for all guests and is changed weekly. Guests will need to bring their own towels. We recommend one towel for showering and another towel for wet/dirty activities.

### Cleaning

Bins are emptied everyday and rooms are cleaned thoroughly once a week.

### Guest Behaviour

Please refer to our online Code of Practice document for our Code of Conduct for visiting groups.

[www.pgl.co.uk/cop](http://www.pgl.co.uk/cop)

### First Aid

All our Activity Staff hold an eight hour Emergency First Aid Certificate and a number of Senior Staff hold a First Aid at Work Certificate. This allows the immediate application of any first aid treatment required. Cold storage for any medication can be arranged if required.

### Insurance

We are able to arrange insurance cover for visiting groups through our existing provider. Please contact us for details.

### Safety

We are proud of our excellent safety record which is due to the diligence and care of our staff. For your peace of mind, a summary of our safety management systems is available in our online Code of Practice document.

Where required, our activities are inspected and approved by the Adventure Activities Licensing Authority (AALA). Annually updated risk assessments are also available for all our activity centres and we comply with the latest government guidelines on the health and safety of pupils on educational visits.

[www.pgl.co.uk/safety](http://www.pgl.co.uk/safety)



## Kit List

### Clothing

**We recommend old clothing for taking part in activities. As well as clothes for excursions/evening, please bring the following:**

- Fleece/sweatshirts for cold weather (most activities are outside)
- Long-sleeved T-shirt (to cover arms for some activities)
- Trousers/leggings (not jeans) for activities
- Trainers/shoes for activities and old trainers/shoes for wet activities
- Socks covering ankle for some activities
- Waterproof jacket
- Baseball cap/hat for hot weather

### Other essentials

- Wash bag (including soap/shampoo etc.)
- 2 large towels
- Plastic bottle for drinks
- Sunscreen (summer)
- Pen and paper
- Small bag/rucksack for day trip
- Plastic bags/bin liners (for wet items) labelled with your name



Big Ben and the Houses of Parliament

## London | Full-day excursion

**Guided coach tour** – Includes Harrods, Wellington Arch, Hyde Park, Marble Arch, Oxford Street, Gloucester Place, Madame Tussauds, Regents Park, Regents Street, Piccadilly Circus, Haymarket, Trafalgar Square, Whitehall, Houses of Parliament, Waterloo Bridge, Lyceum Theatre, Fleet Street, St Paul's Cathedral, South Bank, London Bridge, The Shard, City Hall, Tower Bridge, Tower of London, Embankment, Lambeth Palace, Buckingham Palace, New Scotland Yard, Parliament Square.

**Jubilee Gardens** – Created to celebrate the Queen's Silver Jubilee, it recently underwent a multi million pound redevelopment in 2012 for the Diamond Jubilee.

**Big Ben and Parliament** - 'Big Ben' is the nickname for the bell of the clock at the north end of the Palace of Westminster in London, otherwise known as the Houses of Parliament.

**Convent Garden** – With a huge covered market, this is a popular shopping and tourist site.

**Trafalgar Square** – Home to Nelson's Column and the National Gallery, this is a popular place to visit.

### Optional extras

**The London Eye** – This giant Ferris wheel was built in 1999 to celebrate the turn of the century. Standing at 135 metres tall it is a great place to take in the sights of London.



## Sample Itinerary

- Depart centre (travel time approx. 2 hours depending on centre)
- Arrive in central London, begin guided coach tour of London sights and attractions
- Arrive at Jubilee Gardens by the London Eye
- Collect London Eye tickets (if booked and paid for in advance). Those not going on the London Eye will spend time along the South Bank.
- Meet at Jubilee Gardens. Start walking to Trafalgar Square past London Dungeons and the Aquarium
- Westminster Bridge – photo opportunity for Big Ben and the Houses of Parliament
- Time in Trafalgar Square
- Depart Trafalgar Square and walk to Covent Garden
- Free time in Covent Garden for shopping, food and drink and watching street performers
- Depart Covent Garden past Drury Lane Theatre to coach departure point
- Depart London
- Arrive at centre

(head counts are taken at regular intervals throughout the excursion)





Kings College Cambridge

## Cambridge | Full-day excursion

**King's College** – A part of the University of Cambridge.

**Grafton centre** – A covered shopping centre in Cambridge. It is one of the three main shopping centres in Cambridge.

### Sample Itinerary

- Depart centre (travel time approx. 90 minutes to 2 hours)
- Visit King's College, a part of the world-famous Cambridge University
- Meet back at meeting point and head to the Market Square to start walking tour
- Lunch at Christs Pieces
- Shopping time at the Grafton centre
- Continue walking tour of Cambridge
- Leave Cambridge
- Arrive back at centre

(head counts are taken at regular intervals throughout the excursion)



## Ipswich | Half-day excursion

**Ipswich** – Located on the estuary of the River Orwell, about 60 miles (97 km) north east of London. The town has been continuously occupied since the Saxon period and its port has been one of England's most important for the whole of its history.

### Sample Itinerary

- Depart Centre:– approx. 1 hour
- Arrive in Ipswich
- Start walking tour of Ipswich along the quayside and into Ipswich town centre
- Free time for shopping
- Leave Ipswich
- Arrive back at centre

(head counts are taken at regular intervals throughout the excursion)



## Colchester | Half-day excursion

**Colchester** – Colchester is Britain's oldest recorded town and former capital of England during Roman times. Both the town and surrounding area have a rich history dating back over 2,000 years.

### Sample Itinerary

- Depart Centre:– approx. 1 hour
- Arrive in Colchester
- Start walking tour of Colchester along the Roman walls
- Free time for shopping
- Leave Colchester
- Arrive back at centre

(head counts are taken at regular intervals throughout the excursion)